



Overall Learning Objectives:

By the end of this training, participants will be able to:

1. Apply a trauma-informed, ethical framework to psilocybin-assisted therapy.
2. Integrate ancestral, historical, cultural perspectives of psilocybin in therapeutic contexts.
3. Demonstrate knowledge of neuroscience and clinical applications of psilocybin.
4. Support client preparation, facilitation, and integration from a holistic perspective.
5. Implement safe practices regarding dosing, set/setting, harm reduction, and microdosing

Level 1 Psychedelic Continuing Education Certificate Training Program

Virtual or in-person options - 10 CEU's provided

Didactic training only

4 days - \$2000 (virtual) or \$3999 (in-person)

*Certificate issued following successful participation and passing score on post - test

Level 2 Psychedelic Experiential Certificate Training Program

In person only - 18 CEU's provided

Didactic & Experiential required

4 nights/5 days all inclusive training - \$4999

Opportunity to engage in therapeutic 1:1 psilocybin journey as well as opportunity to co-guide

*Certificate issued following full participation in program, narrative summary and passing score on post - test

Module Learning Outcomes & Topics:

MODULE I: Introduction- Spiritual/Collective Healing

Didactic Topics Covered:

- History and mission of program/organization
- Sacredness of medicine work
- Indigenous and ancestral practices
- Intergenerational and collective healing
- Mental health crisis and social context
- Global psilocybin research trends
- Holistic and spiritual perspectives
- Lived journey experiences

Objectives:

- Contextualize psilocybin therapy within spiritual, cultural, and historical frameworks
- Understand collective and ancestral healing as a therapeutic lens

Outcomes:

Participants will be able to articulate how sacred practices and global health trends inform ethical facilitation today.

MODULE II: History of Psilocybin

Topics Covered:

- Indigenous origins and ceremonial uses
- Colonial erasure and resurgence of sacred knowledge
- Ethnobotanical documentation and respect for lineage

Objectives:

- Identify traditional uses of psilocybin in Indigenous cultures
- Discuss implications of appropriation and re-indigenization

Outcomes:

Participants will describe at least three Indigenous applications of psilocybin and how to honor cultural roots in modern practice.

MODULE III: Neuroscience**Topics Covered:**

- Neuroscience of psilocybin: serotonin, neuroplasticity, DMN
- Cultural appropriation and ethical concerns
- Research and development in clinical/academic fields

Objectives:

- Explain neurobiological mechanisms underlying psilocybin's effects
- Define cultural appropriation and apply cultural humility in facilitation

Outcomes:

Participants will analyze how neuroscience and ethics intersect in modern therapeutic settings.

MODULE IV: The Sacred Mushroom (functional and psychedelic)**Topics Covered:**

- Mushroom strains (*Psilocybe cubensis*, *mexicana*, etc.)
- Methods of preparation and ingestion
- Effects on somatic and psychological systems
- Lab cultivation videos and research insights

Objectives:

- Identify safe and appropriate preparation methods
- Describe physiological and experiential differences among strains

Outcomes:

Participants will name at least three strains of psilocybin mushrooms and explain basic cultivation or preparation principles.

Topics Covered:

- Functional mushrooms: Lion's Mane, Reishi, Cordyceps, etc.
- Nutritional and cognitive benefits

Objectives:

- Differentiate between psychoactive and non-psychoactive mushrooms
- Understand the broader role of fungi in health and healing

Outcomes:

Participants will identify common functional mushrooms and describe one safe culinary or wellness-based use.

MODULE V: Trauma-Informed Care in Psychedelics**Topics Covered:**

- Grounding, attunement, nervous system awareness
- Clinical protocols for trauma-informed facilitation
- Safety planning and containment strategies

Objectives:

- Define trauma-informed care in the context of psychedelic work
- Apply somatic awareness techniques to enhance safety and healing

Outcomes:

Participants will demonstrate trauma-informed preparation techniques and grounding methods.

MODULE VI: Ethics in Psychedelics**Topics Covered:**

- Ethics of power, consent, safety, and scope
- Boundary maintenance, accountability
- Recognizing harm and repair practices

Objectives:

- Identify ethical dilemmas common in psychedelic work
- Apply principles of consent and power-awareness

Outcomes:

Participants will analyze ethical case studies and articulate their ethical commitments as facilitators.

MODULE VII: Facilitation & Documentation

Topics Covered:

- Transference and countertransference
- Role of inner healing intelligence
- Therapeutic vs. non-directive approaches
- Session documentation and legal considerations
- Set, setting, and the container
- Dosing levels and response differences

Objectives:

- Apply relational awareness in facilitation (e.g., countertransference)
- Understand documentation requirements and protocols

Outcomes:

Participants will write a sample session note and demonstrate understanding of session flow and safety dynamics.

MODULE VIII: Harm Reduction & Integration

Topics Covered:

- Preparation as harm reduction
- Long-term integration as an ongoing process
- Aftercare models, spiritual emergency support
- Red flags and when to refer out

Objectives:

- Define harm reduction in the context of psilocybin therapy
- Apply trauma-informed integration strategies

Outcomes:

Participants will design an integration plan that includes emotional, physical, and community-based resources.

MODULE XI: Mastering Microdosing

Topics Covered:

- Microdosing protocols and schedules (Fadiman, Stamets, etc.)
- Cognitive, emotional, and spiritual benefits/risks
- Contraindications and safety considerations
- Integrating microdosing into therapy or self-practice

Objectives:

- Describe clinical and anecdotal outcomes of microdosing
- Create a basic microdosing protocol with safety guidelines

Outcomes:

Participants will construct a client-informed microdosing plan and identify indicators for when to stop or adjust.