

## Level 1

## Psychedelic (Psilocybin) Continuing Education Certificate Training Program

Virtual option - 10 CEU's provided 3 day training (days/times TBA)- \$1250

In-person option (includes food/lodging)- 10 CEU's provided 3 day training (days/times TBA)- \$2250

Certificate issued following successful participation and passing score on post - test

## **Didactic topics covered:**

- I. Overview/Development- history and mission of organization and program, sacredness of medicine, ancestral practices, intergenerational and collective healing, mental health crisis/challenges people face, global research and findings, spiritual and holistic healing perspectives, journey experiences
- II. History of Psilocybin- origins and uses by Indigenous people
- III: Neuroscience and historical origin of plant-based medicine using psilocybin, cultural appropriation, research and development
- IV: The Sacred Mushroom: strains, modes of preparation/ingestion, effect on system, research, and videos on lab cultivation
- V. Trauma Informed Care clinical protocols, grounding of practice (attunement, awareness),
- VI. Ethics -responsible, safe approaches to the work
- VII. Facilitation/Documentation -Transference, Countertransference, Importance of Set/setting, Inner healing intelligence, the journey experience, dosing levels effects
- VIII: Harm Reduction & Integration- the ongoing umbrella process
- IX. Mushrooms and its Many Uses (Functional & Culinary)
- X: Mastering Microdosing- protocols, risks and benefits