



# Adolescent Support Group

MPB Group, Inc. offers a weekly group developed for adolescents (14-18). One of our longest running groups, the Adolescent Support Group explores peer pressure, coping skills, anxiety, and social challenges.

Meets Wednesdays @ 6:00

Email [group@mpbgroupinc.com](mailto:group@mpbgroupinc.com)

(Please specify interest in Adolescent Support Group)

This group is provided via teletherapy. Maryland Medicaid & Carefirst BlueCross/Blue Shield insurance accepted. Cash clients also accepted (Prepaid discounts available).