



Pre-Marital Workshop

The Couples & Family Institute of MPB Group, Inc. has developed a special pre-marital workshop for couples who plan to marry or live together. After a one 1-hour workshop, couples will engage in a 6 week individualized process that will help them focus on their own relationship needs, while building a long-lasting connection.

Group Facilitator – Ralnah Brown, LGPC

1-Hour Workshop meets:

Tuesday, July 6 @ 5:30

Tuesday, September 7 @ 5:30

Tuesday, November 2 @ 5:30

Email – cfi@mpbgroupinc.com

About the facilitator – Ralnah Brown, LGPC loves working with couples. Her goal is to help couples make sense of their stories and experiences. She is certified as a Prepare/Enrich Facilitator and is experienced in helping, guiding and preparing couples for the long road ahead.

All sessions will be provided via teletherapy. Maryland Medicaid & Carefirst BlueCross/Blue Shield insurance accepted. Cash clients also accepted (Prepaid discounts available).