

# ***Empowering Youth Affected by Parental Substance Use***

MPB Group, Inc. created a specialized group for children (ages 11-18) with parents who has a substance abuse disorder.

**Will Address These Important Topics**

**Exploring and Understanding Addiction**

**Developing and Learning Coping Skills**

**Strengthening Communication among Family Members**

**Building Support System With Group Members**

**Open Group (consistency is encouraged)**

**Meets Tuesdays @ 7:00pm**

via Hybrid Format (Onsite & Teletherapy)  
Columbia Location

Insurance accepted: Medicaid & BlueCross BlueShield

Cost without insurance - \$55.00 per session



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