

Adolescent Support Group



MPB Group, Inc. offers a weekly group developed for adolescents (14-18). One of our longest running groups, the Adolescent Support Group explores peer pressure, coping skills, anxiety, and social challenges.

Meets Wednesdays @ 6:00

Email group@mpbgroupinc.com (please specify interest in Adolescent Support Group)

All groups are provided via teletherapy. Maryland Medicaid & Carefirst BlueCross/Blue Shield insurance accepted. Cash clients also accepted (Prepaid discounts available).